



# Presents: The Families In TRANSition Group

A 4-week Virtual Group for Parents of Trans\* Youth

Learn about social and physical transition options (advocacy at school, hormones, surgeries)

Promote trans\* youth mental health, well-being and resiliency

Connect with other parents

Gain tools for strengthening communication

Build skills for managing strong emotions in a supportive and non-judgmental space

Trans\* (transgender, non-binary, gender queer, agender, gender diverse, gender fluid, gender questioning...)

Youth (age 14 - 24)



Group runs Tuesdays from 5:30-7:00pm  
June, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup> 2020.

For more information or registration  
Contact: [KaiCheng.Thom@CTYS.ORG](mailto:KaiCheng.Thom@CTYS.ORG)

Pre-registration and phone intake required.



